

## ***CURRICULUM VITAE***

### ***Personal Data:***

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### ***Degrees***

<b><i>Year</i></b>	<b><i>Degree</i></b>	<b><i>University</i></b>	<b><i>Place/ Country</i></b>	<b><i>Subject</i></b>
۱۹۹۷	Doctor of Medicine (M.D)	Azad University of Medical Science	Iran	
۲۰۰۰	Diplôme <u>Inter</u> Universitaire (DIU)	CHU\	Montpellier, France	Tobaccologie, Addictologie
۲۰۰۸	Master of Public Health (MPH)	Shaheed Beheshti University,	Tehran, Iran	
۲۰۱۰	PhD by Research (PhD)	Shaheed Beheshti University	Tehran, Iran	Chronic Respiratory Diseases
۲۰۱۶ – ۲۰۱۹	Post Doc	Shaheed Beheshti University	Tehran, Iran	Chronic Respiratory Diseases

### ***Qualification & Training:***

- The American Thoracic Society (ATS) MECOR course, Level ٢, ٢٠١٢, Turkey
- The American Thoracic Society (ATS) MECOR course, Level ١, ٢٠١١, Turkey
- Applying Adult Education Skills to Training, WHO's Tobacco Free Initiative, ٢٠١٠
- Strengthening Primary Health Care (PHC) Systems for Treating Tobacco Dependence; World Health Organisation's Tobacco Free Initiative, ٢٠١٠
- Course of clinical Tobaccologie: Hôpital Larrey, CHU de Toulouse, France, ٢٠٠٥
- Course of Addictologie: Hôpital Haut-l'èveque, CHU de Bordeaux, France, ٢٠٠٥
- Course of clinical Addictology and Tobaccology: Hôpital Arnaud de Villeneuve, CHU de Montpellier, France, ٢٠٠٤

### ***Working experience & professional position:***

١. ١٩٩٩-٢٠٢١ National Research Institute of Tuberculosis and Lung Disease, Vice Director of Tobacco Control Unit, Tehran, Iran
٢. ١٩٩٩-٢٠٢١ National Research Institute of Tuberculosis and Lung Disease , Smoking Cessation Clinic physician, Tehran, Iran
٣. ١٩٩٩-٢٠٢١ Iranian Anti-Tobacco Association (IATA)Board of Directors member
٤. ٢٠٠٥-٢٠٢١ Permanent Member of Iranian Scientific Society of Addiction
٥. ١٩٩٧-٢٠٠٤ Practicing as Army & Family Doctor in Ghods city, Tehran, Iran
٦. ٢٠٠٤-٢٠٢١ Teacher of Continuing Medical Education(CME) on Tobacco Control, Iran
٧. ٢٠٠٥-٢٠٢١ Teacher of Continuing Medical Education(CME) on Addiction Courses, Medical Council of Islamic Republic of Iran
٨. ٢٠٠٥-٢٠٢١ Director of Harm Reduction Clinic,
٩. ٢٠٠٨-٢٠٢١ Vice director of Tobacco Prevention and Control Research Centre, Tehran, Iran
١٠. ٢٠٠٩-٢٠١١ Scientific Director of National Tobacco Control Law Secretariat, Iran
١١. ٢٠١١-٢٠٢١ Member of Iranian Respiratory Disease Research Network Steering Committee
١٢. ٢٠١٦- ٢٠٢١ Faculty of MECOR course - The American Thoracic Society (ATS)

### ***Researches:***

۱. Establishment the first Smoking Cessation Clinic in Iran, ۱۹۹۹
۲. Evaluation of education & behavioural therapy effects on smoking cessation, Tehran, Iran, ۱۹۹۹-۲۰۰۷
۳. Evaluation of the reasons why high school students have incentive to smoke, ۲۰۰۳, Tehran
۴. Evaluation of the smoking situation in high school students in Tehran, ۲۰۰۳, Tehran
۵. Comparison of death age between smokers and non-smokers, ۲۰۰۳, Tehran
۶. Evaluation of smoking situation( Cigarette, Water pipes) in Tehran, ۲۰۰۶, Tehran
۷. Evaluation of effective factors on successful detoxiaction and relapse prevention in self-introduced addicts at welfare organization addiction clinics between ۲۰۰۲-۲۰۰۴, Tehran, ۲۰۰۷
۸. Evaluation of Prevalence and pattern of smoking in psychiatric inpatients Service in Razy hospital, Tehran, ۲۰۰۹-۲۰۱۰
۹. Evaluation of Tobacco Experts opinions on Tobacco Control Activities in Iran, ۲۰۱۰-۲۰۱۱
۱۰. Evaluation of smoking cessation Clinics status in Iran, ۲۰۱۰-۲۰۱۱
۱۱. Burden of obstructive lung disease study in Iran
۱۲. Pattern of Tobacco Consumption among TB Patients in a Tuberculosis Referral Centre
۱۳. Prevalence of Asthma and Asthma-like Symptoms in Iran
۱۴. NSF of Chronic Respiratory Diseases

### ***Publication and Translations:***

- J'arrête de fumer, Ministre de la santé et sport, France, ۲۰۱۱
- Tobacco Cessation Intervention for Tuberculoses Patients, ۲۰۱۱
- Treating Tobacco Use and Dependence, ۲۰۰۸
- This is Cocaine: Nick Constable, Teimoorzadeh Publication, ۲۰۰۷
- The little book of heroin: Robert Ashton, Teimoorzadeh Publication, ۲۰۰۷
- Different reasons of smoking in adolescents, France , ۲۰۰۵

- The cigarette “transit” road to the Islamic republic of Iran and Iraq licit tobacco trade in the middle east, World Health Organization, ۲۰۰۳
- Smoking, dig your root, Farda publication, Iran , ۲۰۰۳
- Doctors and Tobacco: Simpson D., TCRC, ۲۰۰۲

**Articles:**

۱. The Effect of Training and Behavioural Therapy Recommendations on Smoking Cessation(A Report of the First ‘‘Smoking Cessation Clinic’’in Iran), Tanaffos(۲۰۰۳)۲(۶), ۳۹-۴۴
۲. Evaluation of Smoking Prevalence and Related Factors in High School Students in Iran, Pejouhandeh(۲۰۰۴)۹(۴۱), ۲۵۳-۲۵۶
۳. Attitude of High School Students of Tehran towards Tobacco Use, Tanaffos(۲۰۰۴)۳(۱۱), ۲۹-۳۵
۴. National conférence of Tabacologie, ۱eme Journées régionales de la Tabacologie, Montpellier, France ۲۰۰۵
۵. Daily Expenditure on Cigarette Smoking in Tehran, Tanaffos (۲۰۰۶)۵(۴), ۶۵-۷۰
۶. Prevalence of smoking among high-school students of Tehran in ۲۰۰۳.Eastern Mediterranean Health Journal, Vol. ۱۳, No. ۵, ۱۰۱۷-۲۱, ۲۰۰۷
۷. Tobacco Smoking Pattern: Cigarette vs. Hookah, Tanaffos (۲۰۰۹)۸(۱), ۶۲-۶۷
۸. What Kind of Cigarettes Do Smokers Use in Tehran, Tanaffos (۲۰۰۹)۸(۲), ۵۴-۵۸
۹. Public Awareness about Framework Convention on Tobacco Control (FCTC) in Tehran, Tanaffos (۲۰۰۹)۸(۴), ۲۶-۳۲
۱۰. Factors Associated with Secondhand Smoke Exposure in Infants, Tanaffos (۲۰۱۰) ۹(۲), ۴۳-۴۹
۱۱. The effects of demographic factors and cigarette smoking status on drug treatment success rate in outpatient treatment and rehabilitation centres, Arch Iran Med. ۲۰۱۱ May; ۱۴(۳): ۱۸۳-۷
۱۲. Pattern of Tobacco Consumption among TB Patients in a Tuberculosis Referral Centre, Tanaffos (۲۰۱۱) ۱۰(۲), ۵۰-۵۵
۱۳. Comparison of Spermatozoa Quality in Male Smokers and Non-smokers of Iranian Infertile Couples, INTERNATIONAL JOURNAL OF FERTILITY AND STERILITY. ۲۰۱۱; ۵(۳): ۱۵۲-۱۵۷

۱۴. Pattern of Smoking and Nicotine Dependence in Patients with Psychiatric Disorders, Tanaffos ۲۰۱۲; ۱۱(۱): ۵۵-۶۰.
۱۵. The determinants of high school students smoking habits with special focus on teachers smoking in Iran: a population based study, Pneumologia. ۲۰۱۲ Jan-Mar; ۶۱(۱):۲۸-۳۳.
۱۶. Efficacy of Harm Reduction Programs among Patients of a Smoking Cessation Clinic in Tehran, Iran. Arch Iran Med. ۲۰۱۲ May; ۱۵(۵):۲۸۳-۹.
۱۷. Common Methods to Treat Addiction in Treatment- Rehabilitation Centres in Tehran, Iranian Journal of Public Health, ۲۰۱۲; ۴۱(۴) : ۶۳-۶۸
۱۸. Association between cigarette smoking and suicide in psychiatric inpatients, Tobacco Induced Diseases ۲۰۱۳, ۱۱:۵, Published: ۱۸ February ۲۰۱۳
۱۹. Health Experts' Opinions about Tobacco Control Activities in Iran: Results from a Delphi Panel of National Experts. Tanaffos ۲۰۱۲; ۱۱(۴): ۵۰-۵۵
۲۰. Association between cigarette smoking and suicide in psychiatric inpatients. Tob Induc Dis. ۲۰۱۳ Feb ۱۸; ۱۱(۱):۵. doi: ۱۰.۱۱۸۶/۱۶۱۷-۹۶۲۵-۱۱-۵.
۲۱. National Survey of the Smoking Cessation Services in Iran's Primary Health Care System, British Journal of Medicine and Medical Research, ISSN: ۲۲۳۱-۰۶۱۴, Vol.: ۶, Issue.: ۱
۲۲. Burden of obstructive lung disease study in tehran: research design and lung spirometry protocol. Int J Prev Med. ۲۰۱۴ Nov; ۵(۱۱):۱۴۳۹-۴۵.
۲۳. Interim Report from Burden of Obstructive Lung Disease (BOLD Study) in Tehran: Prevalence and Risk Factors of Chronic Obstructive Pulmonary Disease. Tanaffos. ۲۰۱۴; ۱۳(۳):۶-۱۳.
۲۴. Smoking and substance abuse relation: Is tobacco a gateway for substance abuse? Nafas, Vol ۱, No. ۲, Summer ۲۰۱۴, Pages : ۱۹-۲۴
۲۵. Cotinine level is associated with asthma severity in passive smoker children. Iran J Allergy Asthma Immunol. ۲۰۱۵ Feb; ۱۴(۱):۶۷-۷۳.
۲۶. Burden of obstructive lung disease study in Tehran: Prevalence and risk factors of chronic obstructive pulmonary disease Sharifi H, Masjedi MR, Emami H, Ghanei M, Eslaminejad A, Radmand G, Buist S. Lung India ۲۰۱۵; ۳۲:۵۷۲-۷
۲۷. Evaluation of Iranian general population attitudes towards tobacco taxes. Mahshid Aryanpur, Hooman Sharifi, Zahra Hessami, GholamReza Heydari, Mohammad

Reza Aryan, Ashraf Vaseghnia, Hamid Reza Jamaati European Respiratory Journal, ۲۰۱۰.PA۴۱۲۴ Published ۱ September ۲۰۱۰

۲۸. Overlapping causes of starting smoking and substance abuse, EUROPEAN RESPIRATORY JOURNAL ۴۶(SUPPL ۰۹):PA۱۱۸۹ . SEPTEMBER ۲۰۱۰
۲۹. Evaluation of water pipe tobacco smoking among Iranian professional athletes, EUROPEAN RESPIRATORY JOURNAL ۴۶(SUPPL ۰۹):PA۴۱۲۷ . SEPTEMBER ۲۰۱۰
۳۰. Smoking knowledge, attitude and behavior of child labor who live in Tehran during ۲۰۱۳-۲۰۱۴, EUROPEAN RESPIRATORY JOURNAL ۴۶(SUPPL ۰۹):PA۱۱۹۳ . SEPTEMBER ۲۰۱۰
۳۱. Smoking and Wound Complications after Coronary Artery Bypass Grafting, JOURNAL OF SURGICAL RESEARCH . SEPTEMBER ۲۰۱۰
۳۲. A Report of Drug Free Workplace Program in Dr. Masih Daneshvari Hospital, Nafas, Vol. ۱, No. ۴, Winter ۲۰۱۰, Pages: ۲۲-۲۸
۳۳. Reduced Phagocytic Capacity of Blood Monocyte/Macrophages in Tuberculosis Patients Is Further Reduced by Smoking. Iran J Allergy Asthma Immunol. ۲۰۱۶ Jun; ۱۰(۳): ۱۷۴-۱۸۲.
۳۴. Characteristics of Iranian Hookah Smokers Aged ۱۰ and Above: A Primary Report. Health Scope. ۲۰۱۶; ۰(۴).
۳۵. Evaluation of Dual Tobacco Smoking (Water Pipe and Cigarettes) and Associated Factors in Adults in Tehran, Tanaffos. ۲۰۱۶; ۱۰(۳): ۱۸۰.
۳۶. Prevalence and Geographic Distribution Pattern of Asthma in Tehran by ECRHS, Tanaffos ۲۰۱۶; ۱۰(۴): ۲۳۶-۲۴۲
۳۷. Prevalence of tobacco use and associated factors in Tehran: Burden of Obstructive Lung Disease study, Hooman Sharifi, Makan Sadr, Habib Emami, Mostafa Ghanei, Lung India ۲۰۱۷; ۳۴: ۲۲۰-۳۱
۳۸. Gender Differences of Suicide Attempt Among Iranian Patients with Psychiatric Disorders, Journal of Critical Care Nursing. ۲۰۱۷; ۱۰(۳).
۳۹. Effect of Active and Passive Exposure to Cigarette Smoke on Lipid Profile of Children and Adolescents; A Systematic Review and Meta-Analysis. Aryanpur, M., Yousefifard, M., Hosseini, M., Oraii, A., Heydari, G., Kazempour-Dizaji, M., Sharifi, H., Hessami, Z., Hassanzad, M. (۲۰۱۸). International Journal of Pediatrics, ۶(۰), ۷۰۷۰-۷۰۸۸. doi: ۱۰.۲۲۰۳۸/ijp.۲۰۱۸.۳.۰۶۹.۲۶۸۱

۴۰. Burden of obstructive lung disease study in Iran: First report of the prevalence and risk factors of copd in five provinces. Lung India. ۲۰۱۹ Jan ۱; ۳۶(۱): ۱۴.
۴۱. The public awareness regarding anesthesia and the role of anesthesiologists in Iran, Iranian journal of Anaesthesiology and Critical Care, ۲۰۱۹. ۲(۳). Page ۲- ۱۵
۴۲. Estimating of Net Transition Probabilities in Triple Stages of Cigarette Consumption in Iranian Men. Aryanpur M, Khosravi A, Yousefifard M, Hosseini M, Oraii A, Heydari G, Kazempour-Dizaji M, Sharifi H, Hessami Z, Jamaati H. Tanaffos. ۲۰۱۸ Oct; ۱۷(۴): ۲۳۳.
۴۳. Knowledge, attitude and practice of e-cigarettes among healthcare professionals and smoking cessation volunteers, Hooman SHARIFI , Mostafa GHANEI , Hamidreza JAMAATI , Mohammad R. MASJEDI , Habib EMAMI , Zahra HESSAMI , Mahshid ARYANPUR, Minerva Pneumologica ۲۰۱۹ June; ۵۸(۲): ۶۴-۹
۴۴. Sharifi H, Ghanei M, Jamaati H, Masjedi MR, Aarabi M, Sharifpour A, Radmand G, Najafimehr H, Buist AS. Burden of obstructive lung disease in Iran: Prevalence and risk factors for COPD in North of Iran. International journal of preventive medicine. ۲۰۲۰; ۱۱.
۴۵. Aryanpur M, Yousefifard M, Oraii A, Heydari G, Kazempour-Dizaji M, Sharifi H, Hosseini M, Jamaati H. Effect of passive exposure to cigarette smoke on blood pressure in children and adolescents: a meta-analysis of epidemiologic studies. BMC pediatrics. ۲۰۱۹ Dec ۱; ۱۹(۱): ۱۶۱.
۴۶. Sharifi H, Ghanei M, Jamaati H, Masjedi MR, Najafimehr H, Fakharian A, Eslaminejad A. Prevalence of Asthma and Asthma-like Symptoms: a Study in Five Provinces of Iran. Tanaffos. ۲۰۱۹ Apr; ۱۸(۴): ۳۲۱.

### **Presentation:**

۱. Education & behavioural therapy effects on smoking cessation clinic in Iran, The first international congress on pulmonary diseases, intensive care and tuberculoses, ۲-۵ Dec. ۲۰۰۳, Tehran, Iran, oral presentation
۲. Prevalence study of smoking in Tehran high school students ۲۰۰۳, WATCH-۲۰۰۴, New Delhi, India, oral presentation
۳. Best poster award, WATCH-۲۰۰۴, New Delhi, India

- ξ. International congress on pulmonary Diseases, Intensive Care and Tuberculosis, ۱۵-۱۸ Nov, ۲۰۰۵, Tehran, Iran
- ο. The ۳rd National Congress on Prevention and Control of NON-COMMUNICABLE DISEASES, ۲۵-۲۷ Nov. ۲۰۰۶, Tehran, Iran
- ϖ. International congress on pulmonary Diseases, Intensive Care and Tuberculosis, Workshop of Smoking Cessation, ۱۵-۱۸ Oct, ۲۰۰۷, Tehran, Iran
- ϗ. Comparison of the death age between the smokers and non-smokers of Tehran cemetery in ۲۰۰۵, International congress on pulmonary Diseases, Intensive Care and Tuberculosis, Tehran, Iran, ۲۰۰۷, oral presentation
- λ. Comparison of the death age between the smokers and non-smokers of Tehran cemetery in ۲۰۰۵, First National Congress on Tobacco and Health, Bandar Abbas, Iran, ۲-ξ Jan ۲۰۰۸, poster session
- Ϡ. Evaluation of successful and efficacy rate of Quit-line in smoking cessation, International congress on pulmonary Diseases, Intensive Care and Tuberculosis, Tehran, Iran, ۲۰۰۷, poster session
۱۰. Evaluation of efficacy and successful rate of Quit-line in Iran during ۲۰۰۷, ۷<sup>th</sup> Annual Conference of the International Society for the Prevention of Tobacco Induced Disease, September ۲۶-۲۸, ۲۰۰۸, Kyoto, Japan
۱۱. Evaluation of the effectiveness of various factors on motivation to quit smoking, ۳<sup>rd</sup> World Conference on Lung Health of the International Union Against Tuberculosis and Lung Disease (The Union). PARIS.FRANCE ۱۶-۲۰ OCTOBER ۲۰۰۸
۱۲. The report of evaluation of first quit-line in Iran during ۲۰۰۷, ۳<sup>rd</sup> World Conference on Lung Health of the International Union Against Tuberculosis and Lung Disease (The Union). PARIS.FRANCE ۱۶-۲۰ OCTOBER ۲۰۰۸
۱۳. Evaluation of tobacco smoking pattern – cigarette, hookah (Ghalyan) – in Tehran ۲۰۰۶, ۳<sup>rd</sup> World Conference on Lung Health of the International Union Against Tuberculosis and Lung Disease (The Union). PARIS.FRANCE ۱۶-۲۰ OCTOBER ۲۰۰۸



۱۴. FCA/WHO Regional Workshop on Illicit Tobacco Trade ۳۱ January- ۱ February ۲۰۰۹, Kish Island- Iran
۱۵. Evaluation of various factors effectiveness on motivation to quit smoking, The first Regional (EMRO) Congress on TOBACCO and HEALTH, January ۲۸-۳۰, ۲۰۰۹, Kish Island- Iran
۱۶. Evaluation of public knowledge about Framework Convention on Tobacco Control (FCTC) in Tehran during ۲۰۰۶, oral presentation, ۱۴<sup>th</sup> WORLD CONFERENCE ON TOBACCO OR HEALTH, March ۸-۱۲, ۲۰۰۹, Mumbai, INDIA
۱۷. Evaluation of tobacco smoking pattern – cigarette, hookah (Ghalyan) – in Tehran ۲۰۰۶, poster presentation, ۱۴<sup>th</sup> WORLD CONFERENCE ON TOBACCO OR HEALTH, March ۸-۱۲, ۲۰۰۹, Mumbai, INDIA
۱۸. Evaluation of public knowledge about Framework Convention on Tobacco Control (FCTC) in Tehran during ۲۰۰۶, oral presentation, ۴<sup>th</sup> INTERNATIONAL CONGRESS ON PULMONARY DISEASES, INTENSIVE CARE AND TUBERCULOSIS ۱۳-۱۶ OCTOBER, ۲۰۰۹, Tehran-IRAN
۱۹. The second meeting of the Working Group on economically sustainable alternatives to tobacco growing (Articles ۱۷ and ۱۸ of the WHO FCTC) ۲۱ to ۲۳ April ۲۰۱۰, Accra, Ghana
۲۰. Factors associated with high smoking cessation motivation, Poster session, ۴<sup>th</sup> World Conference on Lung Health of the International Union Against Tuberculosis and Lung Disease (The Union). Lille, FRANCE ۲۶-۳۰ OCTOBER ۲۰۱۱
۲۱. The Third meeting of the Working Group on economically sustainable alternatives to tobacco growing (Articles ۱۷ and ۱۸ of the WHO FCTC) ۱۴ to ۱۶ February ۲۰۱۲, Geneva, Suisse
۲۲. Health Experts' Opinions about Tobacco Control Activities in Iran: Results from a Delphi Panel of National Experts, ۱۶<sup>th</sup> WORLD CONFERENCE ON TOBACCO OR HEALTH, March ۱۷-۲۱, ۲۰۱۵, Abu Dhabi, United Arab Emirates

۲۳. Evaluation of tobacco smoking pattern – cigarette, hookah (Ghalyan) – in Tehran ۲۰۰۶, poster presentation, ۱۶<sup>th</sup> WORLD CONFERENCE ON TOBACCO OR HEALTH, March ۱۷-۲۱, ۲۰۰۶, Abu Dhabi, United Arab Emirates
۲۴. Burden of obstructive lung disease study in Tehran: Prevalence and risk factors of chronic obstructive pulmonary disease, ERS ۲۰۱۰
۲۵. A REPORT OF DRUG FREE WORKPLACE PROGRAM IN DR. MASIH DANESHVARI HOSPITAL, ۱۲<sup>th</sup> annual international addiction congress, Tehran, from ۶<sup>th</sup> to ۷<sup>th</sup> September ۲۰۱۸.
۲۶. HEALTH CARE PROFESSIONAL AND SMOKING CESSATION VOLUNTEERS KNOWLEDGE, ATTITUDE AND PRACTICE ON E-CIGARETTES, ۱۲<sup>th</sup> annual international addiction congress, Tehran, from ۶<sup>th</sup> to ۷<sup>th</sup> September ۲۰۱۸.