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## CURRICULUM VITAE



**Alireza Eslaminejad**

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**Membership: ERS, ACCP, HERMES**

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### **Education:**

- \* **2006-2008: Pulmonology, Shahid Beheshti University of medical science. Tehran, Iran.**
- \* **Dissertation: The Effect of Forceps on the Results of Lung Biopsy.**
- \* **2000-2004: Internal medicine, Iran University of Medical Sciences, Tehran, Iran.**
- \* **Dissertation: The Most Effective Reading Time in Rapid Urease Test for Helicobacter. Pylori.**
- \* **1989-1996: General Medicine, Qazvin University of medical science. Qazvin, Iran.**
- \* **Dissertation: New Diagnostics and Therapies in Septicemia.**

## **Training Courses:**

- **17/1/2002-18/1/2002: Good Clinical Practice (GCP). Research Center of Dermatology. Tehran, Iran.**
- **22/1/2002-25/1/2002: Insight into Tuberculosis. NRITLD. Tehran, Iran.**
- **19/10/2006: New Therapies in Asthma. NRITLD. Tehran, Iran.**
- **7/11/2006: Continuing Education in Internal Medicine (Pulmonary Diseases). NRITLD. Tehran, Iran.**
- **17/02/2007: Workshop on Noninvasive Mechanical Ventilation. NRITLD. Tehran, Iran.**
- **13/06/2007: Continuing Education in Internal Medicine. (Pulmonary Diseases 3). NRITLD. Tehran, Iran.**
- **31/01/2008: New in Asthma. NRITLD. Tehran, Iran.**
- **29/5/2008: COPD Conference. NRITLD. Tehran, Iran.**
- **13/05/2009-15/05/2009: Sleep Workshop. Tehran, Iran.**
- **13/10/2009-16/10/2009: Trans bronchial Lung Biopsy (TBLB). Tehran, Iran.**
- **26/02/2010: Updates in COPD and COPD Assessment Test. Tehran, Iran.**
- **9/3/2010: Conference on H1N1 (Type A Flu). National Research Institute of Tuberculosis and Lung Diseases (NRITLD). Tehran, Iran.**
- **27/11/2010: Continuing Education in Respiratory Diseases. Qazvin University of Medical Sciences. Qazvin, Iran.**
- **24/9/2011-28/9/2011: Certificate of Continuing Medical Education Credits. The European Respiratory Society (ERS), Amsterdam, Netherlands.**
- **11/11/2011-13/11/2011: Advances in Respiratory Therapeutics Forum, Istanbul, Turkey.**
- **17/3/2015: Distant Medicine. Tehran, Iran.**
- **11/06/2015-12/06/2015: The 1st International Pulmonary Hypertension Conference. Tabriz, Iran.**
- **19/8/2015: Non Invasive Ventilation (NIV). Iran.**
- **30/9/2015: European Examination in Respiratory Medicine. HERMES Adult Diploma. Amsterdam, Netherlands.**

- **04/11/2015-07/11/2015: European Practicum on Cardiopulmonary Exercise Testing. Munich, Germany.**
- **18/11/2015: Mountain Medicine and Altitude Illness, Iran.**
- **18/10/2016: Workshop Critical Care Ultrasound (Basic and advanced).**

## **International Event Attendance:**

- **05/08/2007: Organizing a Workshop Bronchoscopy, Endoscopy, Spirometry. Tehran, Iran.**
- **15/10/2007-18/10/2007: The 3<sup>th</sup> International Congress on Pulmonary Diseases, Intensive care and Tuberculosis. Tehran, Iran. [Lecturer]**
- **13/05/2009-15/05/2009: Sleep Workshop. Tehran, Iran.**
- **13/10/2009-16/10/2009: The 4<sup>th</sup> International Congress on Pulmonary Diseases, Intensive care and Tuberculosis. Tehran, Iran. [Lecturer]**
- **18/09/2010-22/09/2010: The Annual Congress of ERS. Spain.**
- **21/02/2011-23/02/2011: The International Congress of Sleep Respiratory Disorder. Kish Island. Iran.**
- **24/09/2011-28/09/2011: The Annual Congress of ERS. Amsterdam.**
- **27/09/2011: ERS Annual Congress. Hall. [Lecturer]**
- **15/10/2011-18/10/2011: The 5<sup>th</sup> International Congress on Pulmonary Diseases, Intensive care and Tuberculosis. Tehran, Iran. [Board Member]/ [Lecturer]**
- **01/09/2012-05/09/2012: The Annual Congress of ERS. Vienna, Austria.**
- **03/09/2012: Phenotypes and Mechanisms of Treatment of Asthma. Rome. Italy. [Lecturer]**
- **14/05/2013-17/05/2013: <sup>24</sup>Congress of the Society of Internal Medicine Physician. [Lecturer]**
- **07/09/2013-11/09/2013: The Annual Congress of ERS. Spain.**
- **12/10/2013-15/10/2013: The 6<sup>th</sup> International Congress on Pulmonary Diseases, Intensive care and Tuberculosis. Tehran, Iran. [Lecturer]**
- **30/04/2014-02/05/2014: 4<sup>th</sup> International Iranian Heart Failure Summit. Tehran, Iran. [Lecturer]**
- **11/04/2014-12/4/2014: Respiratory Regional Expert Forum. Istanbul. Turkey.**

- **20/05/2014-23/05/2014:**<sup>25</sup> Congress of the Society of Internal Medicine Physician. [Lecturer]
- **07/09/2014-10/09/2014:** The Annual Congress of ERS. Munich, Germany.
- **31/12/2014-02/01/2015:** The 9th Annual Conference of the Iranian Laser Medicine Association and the 2nd Congress of Laser Applications in Medical Sciences. [Lecturer]
- **27/02/2015:** Workshop Medical Pleuroscopy. Tehran, Iran.
- **05/05/2015-08/05/2015:**<sup>26</sup> Congress of the Society of Internal Medicine Physician. [Lecturer]
- **26/09/2015-30/09/2015:** The Annual Congress of ERS. Amsterdam.
- **04/12/2015:** European Diploma in Adult Respiratory Medicine.
- **03/05/2016-06/05/2016:**<sup>27</sup> Congress of the Society of Internal Medicine Physician. [Lecturer]
- **04/05/2016-06/05/2016:** 5<sup>th</sup> International Iranian Heart Failure Summit. [Lecturer]
- **03/09/2016-06/09/2016:** The Annual Congress of ERS. London, England.
- **18/10/2016-21/10/2016:** The 1<sup>st</sup> International Critical Care Course & the 8<sup>th</sup> International Congress on Pulmonary Disease. Shiraz, Iran. [Lecturer]
- **02/03/2017:** Workshop from basic to clinical spirometry. Tehran, Iran. [Lecturer]
- **20/04/2017:** 2<sup>nd</sup> Congress Sarcoidosis Achievements. Tehran, Iran. [Lecturer]
- **15/05/2017-18/05/2017:** Responsibility and Management of the Workshop Spirometry. Tehran, Iran.
- **13/05/2017-16/05/2017:**<sup>28</sup> Congress of the Society of Internal Medicine Physician. [Lecturer]
- **09/06/2017-10/06/2017:** Pneumo Update Europe 2017. Vienna.
- **09/09/2017-13/09/2017:** The Annual Congress of ERS. Milan, Italy.

- **09/10/2017-10/10/2017: Adult Critical Care Ultrasound Course. Tehran, Iran.**
- **12/10/2017-15/10/2017: Organizing a Workshop Spirometry. Tehran, Iran**
- **12/10/2017-15/10/2017: Organizing a Workshop Ergo spirometry. Tehran, Iran**
- **11/05/2018-14/05/2018:<sup>29</sup> Congress of the Society of Internal Medicine Physician. [Lecturer]**
- **15/06/2018-16/06/2018: Pneumo Update Europe 2018. Budapest.**
- **28/06/2018: Workshop from basic to clinical spirometry. Tehran, Iran. [Lecturer]**
- **09/08/2018: Sarcoidosis New York Congress. Tehran, Iran. [Lecturer]**
- **16/08/2018: Severe Asthma Management Seminar. Tehran, Iran.**
- **15/09/2018-19/09/2018: The Annual Congress of ERS. Paris, France.**
- **14/11/2018-16/11/2018: International Congress of Airway & Intestinal Ling Diseases. Mashhad, Iran. [Lecturer]**

## **Publications:**

1. **Eslaminejad AR**, Mortaz E, Rahimi B, Ghorbani F, Marashian M, Dinparastisaleh R. Inflammatory serum biomarker pattern in emphysema and chronic bronchitis phenotypes of acute exacerbation of chronic obstructive pulmonary disease (AECOPD), *Tanaffos* 2019.
2. Kiani A, **Eslaminejad AR**, Shafeipour M, Razavi F, Seyyedi SR, Sharif-Kashani B, Emami H, Bakhshayesh-Karam M, Abedini A. Spirometry, cardiopulmonary exercise testing and the six-minute walk test results in sarcoidosis patients *SARCOIDOSIS VASCULITIS AND DIFFUSE LUNG DISEASES* 2019; 36.
3. Taghizadeh N, **Eslaminejad AR**, Raoufy MR. Protective effect of heart rate variability biofeedback on stress-induced lung function impairment in asthma. *Respiratory Physiology & Neurobiology*, 262 (2019) 49-56.
4. Naderloo H, Vafadar Z, **Eslaminejad AR**, Ebadi A. The Effect of Motivational Interviewing on the Life Expectancy of Patients with Chronic Obstructive Pulmonary Disease. *Crit Care Nurs J*, 2018.
5. Mahdavian AR, Darougari S, Mansouri D, **Eslaminejad AR**, Etal. Pulmonary complications of predominantly antibody immunodeficiencies in a tertiary lung center. *Interventional Medicine & Applied Science*, pp. 1–7 (2018)
6. Pourrashid MH, Dastan F, Salamzadeh J, **Eslaminejad AR**, Edalatifard M. Role of Vitamin D Replacement on Health Related Quality of Life in Hospitalized Patients with Acute Exacerbation of Chronic Obstructive Pulmonary Disease. *Iranian Journal of Pharmaceutical Research* (2018), 17(2): 801-810
7. Abdolahinia A, Naseri M, **Eslaminejad AR**, Ghaffari F, Velayati A. Effect of *Nepeta bracteata* Benth. on Chronic Obstructive Pulmonary Disease: A Triple-Blinded, Randomized Clinical Trial. *Iran Red Crescent Med J*.2018.
8. **Eslaminejad AR**, Kharabian SH, Hosseini-nia S, Naghashzade F, Marashiay SR. Cardiopulmonary Exercise Test in Advanced Heart Failure Among Heart Transplantation Candidates. *Acta Medica Iranica*, Vol. 56, No. 8 (2018).

9. **Eslaminejad AR**, Taghavi K, Zohal M, Kialashaki M, Fakharian A. Speleotherapy as an Effective Treatment of Chronic Obstructive Pulmonary Disease. *Journal of respiratory medicine and lung disease*. 2017.
10. **Eslaminejad AR**, Taghavi K, Moradpour SH, Emami H. Prevalence of asthma control in Iran, assessing asthma control test Running Head: Asthma Control in Iran. *Journal of respiratory medicine and lung disease*. 2017.
11. Daroei R, Sanadgol GH, GH Nataj A, Almasnia M, Darvishi A, **Eslaminejad AR**. Discrimination Tuberculous Pleural Effusion from Malignant Pleural Effusions Based on Routine Pleural Fluid Biomarkers Using Mathematical Methods. *TANAFOS*. 2017; 16(2):157-165.
12. Shrfi H, Sadr M, Emami H, Ghanei M, **Eslaminejad AR**, Radmand G, Masjedi MR, Buist S, Prevalence of tobacco use and associated factors in Tehran: Burden of Obstructive Lung Disease study. *Lung India*. 2017.
13. Naderloo H, Vafadar Z, **Eslaminejad AR**, Ebadi A. The Effect of Motivational Interviewing on the Life Expectancy of Patients with Chronic Obstructive Pulmonary Disease. *Journal of Critical Care Nursing*. 2017.
14. **Eslaminejad AR**, Safa M, Ghasemi Boroujerdi F, Hajizadeh F, Pashm Foroush M. Relationship between sleep quality and mental health according to demographics of 850 patients with chronic obstructive pulmonary disease. *Journal of Health Psychology*. 2017; ...
15. Nejatbakhsh F, Karegar-Borzi H, Amin GH, **Eslaminejad AR**, Hosseini M, Bozorgi M, Asadi Gharabaghi M. Squill Oxymel, a traditional formulation form *Drimia Maritima* (L.) Stearn, as an add-on treatment in patients with moderate to severe persistent asthma: A pilot, triple-blind, randomized clinical trial. *Journal of Ethnopharmacology*. 2017; 196(186-192).
16. Abdolahinia A, Javadi A, Hessami Z, **Eslaminejad AR**, Masjedi MR. The sale and distribution of tobacco products in Iran, ten years after FCTC. *European Respiratory Journal*. 2016.
17. Fakharian A, Kharabian SH, **Eslaminejad AR**. Investigation of short term effect of supervised pulmonary rehabilitation program following lung transplantation surgery; the first report of Iranian experience. *European Respiratory Journal*. 2016.



18. Abdollahnia A, Naseri M, **Eslaminejad AR**, Ghaffari F, Velayati AA. Breathlessness from the perspective of the Persian medicine. TANAFFOS. 2016;15(191-196).
19. **Eslaminejad AR**, Kiani A, Sheikhi N, Sadr M, Mohammad Taheri Z, Jabbar Darijani H. Diagnostic Value and Effective Factors on Transbronchial Lung Biopsy Using Cup and Alligator Forceps. TANAFFOS. 2016; 15(3):128-133.
20. Abdollahinia A, Naseri M, **Eslaminejad AR**, Ghaffari F, Velayati A. Bereathlessness from the Perspective of the Persian Medicine. TANAFFOS. 2016; 15(4):191-196.
21. Sadehniaat Haghighi KH, Aminian O, Najai A, Salehpour S, **Eslaminejad AR**, Derakhshan Deilami GH, Nourijelyani K, Etal. Work-related exacerbation of asthma among adults treated by pulmonary specialists. ARCHIVES OF ENVIRONMENTAL & OCCUPATIONAL HEALTH. 2016; 14(1):35-42.
22. Raoufy MR, Ghafari T, Darooei R, Nazari M, Mahdaviani AR, **Eslaminejad AR**, Etal. Classification of Asthma Based on Nonlinear Analysis of Breathing Pattern. PLOS. 2016;...
23. Sharifi H, Masjedi MR, Emami H, Ghanee M, **Eslaminejad AR**, Radmand G, Buist S. Burden of obstructive lung disease study in Tehran: Prevalence and risk factors of chronic obstructive pulmonary disease. Lung India. 2015; 32 (6).
24. Heydari H, Dolatshahi B, Mahdaviani AL, **Eslaminejad AR**. Asthma Control on the Basis of Perceived Stress, Locus of Control, and Self-efficacy in Patients With Adult Asthma. RESEARCH PAPERS. 2015; 3(2).
25. Mortaz E, **Eslaminejad AR**, Varahram M, Heshmatnia J, Abedini A, Kiani A, Velayati AK, Etal. Are There Any Epigenetic Similarities Between Treatment Unresponsive Sarcoidosis, COPD and Severe Asthma?. Iran J Allergy Asthma Immunol. 2015; 14(5):472-475.
26. Mohammadi M, Taghizadeh N, Bagher Miri M, **Eslaminejad AR**, Raoufy MR. Correlation Between Airway Constriction and Autonomous Nerve System Dysfunction During Short Term Stress in Patients with Controlled Atopic Asthma. NAFAS. 2015;2(1): 33-40.

27. Sharifi H, Masjedi MR, Emami H, Ghanei M, **Eslaminejad AR**, Radmand G, Buist S. Interim report from burden of obstructive lung disease (bold study) in Tehran: prevalence and risk factors of chronic obstructive pulmonary disease. *TANAFFOS*. 2014; 13(3): 6-13.
28. Sadeghniaat KH, Aminian O, Najafi A, Salehpour S, **Eslaminejad AR**, Etal. Prevalence of work-related asthma among adult asthmatics referred to pulmonary clinics. *EUROPEAN RESPIRATORY JOURNAL*. (ERS). 2014.
29. Raoufy MR, Hajezadeh S, Mani AR, Gharibzadeh SH, Mahdaviani AR, **Eslaminejad AR**, etal, The Evaluation of the Fractal Variability of Breathing Pattern in Asthmatic Patients. *NAFAS*, 2014; 1(2): 41-47.
30. **Eslaminejad AR**, Kiani A, Sadr M, Mohammad Taheri Z, Marjani S, Etal. Evaluation of factors affecting the diagnostic value of transbronchial lung biopsy. *EUROPEAN RESPIRATORY JOURNAL* (ERS). 2013;...
31. Mahdaviani, SAR. Mohajerani, SA. Malekmohammad, M. Khalilzadeh, S. Fakharian, A. **Eslaminejad, AR**. Etal. Asthma registry, a path to uncover pitfalls in asthma, *EUROPEAN RESPIRATORY JOURNAL* (ERS), 2012.
32. Sadeghniaat Haghighi KH, Aminian O, Najafei A, Salehpour S, **Eslaminejad AR**, Derakhshan Deilami GH. Descriptive Evaluation of Occupations in Asthmatic Adults. *Occupational Medicine Fall*. 2011; 3(3): 46-53.
33. Jabbar darjani H, **Eslaminejad AR**, Mohammad Taheri Z, Kiani A, Arab A, Masjedi MR. The Effect of Cup versus Alligator Forceps on the Results of Trans bronchial Lung Biopsy. *J Bronchol Intervent Pulmonol*. 2010; 17(2).
34. Jabbardarjani H, **Eslaminejad AR**, Mohammad taheri Z, Kiani A, Arab A, Masjedi M. The effect of forceps type on results and complications of transbronchial lung biopsy. *JQUMS*. 2010; 14(3).

35. Jamaati H, Fadaizadeh L, .....**Eslaminejad AR**, Velayati AA,.COVID-19-Related Severe Heterogeneous Acute Respiratory Distress Syndrome: A Therapeutic Challenge. Biomedical and Biotechnology Research Journal, August 14, 2020, IP: 31.2.193.77].
36. Yassari F, Dastan F, Marashian SM, **Eslaminejad AR**, Maleki Kazeri F. Can L-Carnitine Supplementation Improve Cardiopulmonary Function? A Randomized Controlled Clinical Trial in Hemodialysis Patients. Iranian Journal of Kidney Diseases. Volume 14 | Number 6 | November 2020.
37. Dastan F, Saffaei A, Haseli S, Marjani M, **Eslaminejad AR**, et al. Promising Effects of Tocilizumab in COVID-19: A Non-Controlled, Prospective Clinical Trial. International Immunopharmacology. July 2020.
38. Marjani M, Tabarsi P, Moniri A, Hashemian SM, Seyed Alireza Nadji, Zahra Abtahian, Malekmohammad M, Kiani A, Farzanegan B, **Eslaminejad AR**, et al. NRITLD Protocol for the Management of Patients with COVID-19 Admitted to Hospitals . tanaffos 2020; 19(2): 91-99.
39. Sharifi H, Ghanei M , Jamaati H, Masjedi MR , Najafimehr H, Fakharian A, **Eslaminejad AR**. Prevalence of Asthma and Asthma-like Symptoms: a Study in Five Provinces of Iran. Tanaffos 2019; 18(4): 321-328

**Books:**

- 1- The Methods of Measuring Lung Function Using Sound Waves Role of the Forced Oscillatin Technique (FOT) & Impulse Osillometry System (IOS). 2019. **Eslaminejad AR**, Rezaee A.
- 2- Practical Guide for Interpretation of Pulmonary Function Tests. 2019. **Eslaminejad AR**, Kharazmi AB.

## **Student Dissertations:**

- **Halotherapy in PFT and Clinical Improvement in COPD Patients in a University Hospital in Qazvin, Iran. (2011)**
- **Breathlessness in Iranian Traditional Medicine and Effect of Zofa Products on Chronic Obstructive Pulmonary Diseases. (2015)**
- **The rate of Controlled Asthma in a Referral University Hospital in Tehran. (2016)**

## **Occupations:**

- **2006 up to now – National Research Institute of Tuberculosis and Lung Diseases (NRITLD). Tehran, Iran.**
  - ✚ **Assistant Professor of Pulmonology**
  - ✚ **Responsible for Subspecial Fellowship Department**
  - ✚ **Research in relevant field**
  - ✚ **Reviewer of Tanaffos Journal**
  - ✚ **Member of Research Committee**
  - ✚ **Head of PF Lab**
  - ✚ **Head of CPET Dep**
  - ✚ **Member of Mortality Committee**
  - ✚ **Head of Internal Ward**
  - ✚ **Head of the Patient turn over Committee**
  - ✚ **Committee Member of Medications and Equipment's**
  - ✚ **Committee Member of Research Projects Review and Provision**
- **2008-2011- Qazvin University of Medical Sciences. Qazvin. Iran.**
  - ✚ **Assistant Professor of Pulmonology**
  - ✚ **Reviewer of the University Journal**

- **2006-2008: Shahid Beheshti University of Medical Sciences. Tehran. Iran.**
  - ✚ **Assistant Professor**
  - ✚ **Course Instructor for Bronchoscopy, Endoscopy and Spirometry**
- **2004-2006: Bou-Ali Hospital. Qazvin University of Medical Sciences. Qazvin, Iran.**
  - ✚ **Fulltime Internist**
  - ✚ **Head of Emergency Department**
  - ✚ **GP and Resident Supervision**
- **1996-2000: Qods Pediatric Hospital. Qazvin University of Medical Sciences. Qazvin, Iran.**
  - ✚ **General Practitioner**
  - ✚ **Head of Emergency Department**
- **1996-2000: The Clinic of Bou-Ali Hospital. Qazvin, Iran.**
  - ✚ **General Practitioner**
- **1996-2000: The Emergency Center. Qazvin, Iran.**
  - ✚ **General Practitioner**
- **1996-2000: Qazvin University of Medical Sciences. Qazvin, Iran.**
  - ✚ **Head of EDC .(Department of Continuing Education)**
  - ✚ **Reviewer of the University Journal**